

Ouida Brown, OTRL



Bachelor's Degree in
Occupational Therapy,
Eastern Michigan
University, 2002

Certifications & Special Interests:

- Amputee and Limb Loss
- Graston Technique
- Injuries and Conditions of the Upper Extremities
- Kinesiology Taping
- LSVT-BIG for Parkinson's Disease
- Myofascial Release
- Muscle Energy Technique
- Strain/Counter-strain Technique
- Certified Massage Therapist
- Myofascial Decompression

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“What I love the most about occupational therapy is the ability to connect with people, finding out what they find meaningful in their lives and what activities they need to do to feel important again, and providing rehab to help them get there.”

Ouida Brown, OTRL has been an occupational therapist since 2002 when she received her degree from Eastern Michigan University. She began working at Advanced Physical Therapy Center in 2011 and is now a highly respected part of the Clio clinic.

Ouida decided to become an OT after she watched her grandfather benefit greatly from both occupational and physical therapy. She particularly loves working with patients who are recovering from a neurological/orthopedic incident. She enjoys being able to see them grow and return to activities they once loved to do, including daily self-care tasks.

Ouida specializes in hand therapy, neuromuscular rehabilitation and massage therapy and she believes team work is an essential part of the therapist, patient relationship. Ouida considers herself relaxed, talkative, loud at times and she believes having a sense of humor throughout the therapy process is helpful.

As a registered OT, Ouida is required to take 36 credit hours of continuing education every 3 years. She also serves as a mentor taking level 2 OT and OTA students for their clinical rotations. And the best part about working at Advanced Physical Therapy Center? Ouida says, “I love that our owners are therapists and understand the importance of patient care.”

Ouida lives in Grand Blanc with her husband, son and two dogs. She loves spending time with her family, bowling and repurposing vintage and antique furniture.

“I get some patients who call me a miracle worker, but I don't view myself as that at all. I believe it's because I love what I do, the passion I have for OT and my ability to actively listen to the patient to help them achieve their goals.”

